Boil water in a large pan then steep 6-8 black tea bags for 5 minutes. You can use loose leaf tea but it does not work as well.

Use the tea bags and start dabbing your paper.

Make sure to not leave any area white on the paper.

Dye the paper the color you want, there can be darker or lighter areas on the paper, just make sure there are no white areas left.

Let the paper dry completely.

Then write on the paper as you would normally.